



Welcome Students!

Welcome to a new academic year at The University of Bridgeport! On behalf of the entire Dining Services Team, I would like to thank you for participating in our on-campus dining program. We are excited to introduce you to this year's repertoire of delicious meal options, which includes a contemporary, crowd-pleasing selection of many of your favorite foods along with some of our own tasty specialties.

This dining guide has been designed to act as a quick reference to all of our services, so keep it handy throughout the year and enjoy all that we have to offer. We look forward to serving you!

Michael Lorusso
General Manager
Sodexo Campus Services

Campus Dining Meal Plans

In order to meet your campus needs, we have designed the following meal plans for the 2009-2010 academic year. If you need to make a change to the plan you have already selected, simply contact Marilyn Atkinson at 203-576-4086 or visit our office located in Marina Dining Hall.

THE "19 MEAL"

All 19 meals offered throughout the week with \$75 Dining Dollars for the semester

THE "17 MEAL"

17 of the 19 meals offered throughout the week with \$125 Dining Dollars for the semester

THE "12 MEAL"

12 of the 19 meals offered throughout the week with \$200 Dining Dollars for the semester

THE "8 MEAL"

8 of the 19 meals offered throughout the week with \$400 Dining Dollars for the semester

Meal plans can only be changed during the first two weeks of each semester. Changes have to be submitted in writing at the Sodexo office located in Marina Dining Hall.

Having trouble selecting a meal plan?

Try considering your daily routine... Do you eat three meals a day? Will your class schedule, studying, extracurricular activities and social events interfere with dining? Will you miss dinner due to employment or evening classes? Anticipating the answers to these and similar questions will help you select a meal plan that best fits your lifestyle.

Meal Cards

In most cases your UB identification card will be the meal card. The UB ID card has a bar code printed on the back for dining service purposes. To activate your meal plan you need to check with Residence Life and the Bursar's Office to make sure that your account is active.



Lost Your Meal Card?

Simply contact us and Campus Security. In most cases Campus Security will re-issue a replacement card within 24 hours.

Seconds Anyone?

You never have to be too shy to ask for seconds with our Campus Dining Program. Our generous policy allows for a second helping of many menu favorites. All you have to do is ask! Please note, however, that there are some exceptions to our seconds policy including: premium items and specialty buffets.

Welcome Guests

Have a guest over for dinner! You are welcome to bring a friend or family member for any meal. Guest meal prices are as follows:

| | |
|------------------|---------------|
| Breakfast | \$5.25 |
| Lunch | \$8.75 |
| Dinner | \$9.50 |

(\$1.00 off the door price if meal points or Dining Dollars are used to purchase meals at the Marina Dining Hall.)

Featuring Your Favorites

Finding your favorite foods on campus is a snap. We are proud to offer a dining program complete with signature brands and menu selections that entail just about every item you can imagine.

Dietary Requirements & Sick Trays

Do you have particular dietary needs? No Problem! Our Campus Dining Services Program can accommodate your special requirements. For more information, please contact Michael Lorusso at 203-576-4086.

Sick trays are also available for students with a meal plan. If you are feeling under the weather and would like to order a sick tray, call Health Services at 203-576-4349.

Dining Policies & Procedures

One of our main goals is to provide a pleasant, clean, comfortable and satisfying dining experience. In order to meet this goal, we ask for your assistance with the following procedures:

- Please bus your tray and disposables from your table when you have finished dining.
- Please refrain from taking food, dishes or utensils from the dining area.
- Remember that meal cards are non-transferable. Meal cards cannot be used by anyone but the purchaser.
- Please help us minimize waste, although Marina serves unlimited seconds, please adhere to the one serving at a time policy.





The Perfect Time To Dine

Our dining program has been designed with you in mind. Flexibility, varied hours and a choice of dining locations will all enable you to find the perfect place at the perfect time. Please refer to our dining schedule when planning your meals.

MARINA HALL

| | |
|-----------------|-------------------|
| Monday - Friday | |
| Breakfast | 7:30am - 9:30am* |
| Lunch | 11:30am - 1:30pm* |
| Dinner | 5:00pm - 7:00pm |
| Friday Dinner | 5:00pm - 6:30pm |

| | |
|-------------------|------------------|
| Saturday - Sunday | |
| Brunch | 11:30am - 1:30pm |
| Dinner | 5:00pm - 6:30pm |

* Service will continue up to an additional 30 minutes for all cold food stations, beverage stations, pasta bar and soup bar

KNIGHT'S END CAFÉ

| | |
|-------------------|------------------|
| Monday - Thursday | 7:30am - 10:00pm |
| Friday | 7:30am - 8:30pm |
| Saturday | 2:00pm - 8:30pm |
| Sunday | CLOSED |

CAFÉ SCRIBE

| | |
|-------------------|-----------------|
| Monday - Thursday | 8:30am - 9:00pm |
| Friday | 8:30am - 8:00pm |
| Saturday | 9:00am - 4:00pm |
| Sunday | 1:00pm - 8:00pm |



FAQ's

- Q. What is the difference between Meal Points and Dining Dollars?**
A. Meal Points you purchase, Dining Dollars are given to you with the purchase of a residential meal plan.
- Q. Where can Meal Points and Dining Dollars be used?**
A. Both can be used at Marina Dining Hall to purchase a meal or at the Knight's End Café for A la Carte Purchases.
- Q. Can I add Meal Points and Dining Dollars to my account?**
A. You can add Meal Points in increments of \$25, but you cannot add Dining Dollars.
- Q. What happens to unused Meal Points and Dining Dollars?**
A. Meal Points roll over, Dining Dollars do not. Since Dining Dollars are part of the Meal Plan, any unused balance is reset to zero at the end of each semester.
- Q. Do you offer a meal plan for commuters?**
A. Meal Points were designed primarily for Commuters, no need to carry cash around and enjoy the flexibility to add to your balance whenever you want.
- Q. What meal plan is available to North Hall Residents?**
A. North Hall Residents are encouraged to sign up for Commuter Meal Points. A debit balance will be loaded right on your UB ID. Sign up at the Dining Service Office located in Marina Dining Hall.

Catering Services

We are pleased to be able to offer a full repertoire of catering services as part of our Campus Dining Program. From simple parties and bountiful buffets, to elaborate dinners and elegant events, our catering Department can be the solution to your special event needs. For more information, call our Catering Department at 203-576-4086 or email us at diningservices@bridgeport.edu.



At Your Service

It will be our pleasure to offer you the best that Campus Dining has to offer. We wish you the very best for our academic year and of course, happy eating!

Call Us!

We invite and encourage you to call us anytime with questions, comments or suggestions about our Campus Dining Program. Your feedback is always welcome as it can only help us to serve you better.

- Please visit us at www.ubdiningservices.com
- Email us at diningservices@bridgeport.edu
- 24 HOUR MENU PHONE LINE: 203-576-4085
- Facebook, UB Dining Services



Balance Mind Body Soul is a holistic or integrated approach to wellness and fitness that considers the whole person. Fitness and wellness are a balance of lifestyle choices and events--- *physical, mental and emotional*. It is not about fads or fad diets. It is about maintaining balance in one's life.

Each month Sodexo Campus Services features a new range of topics which are available on site and in more depth at www.balancemindbodysoul.com.

University of Bridgeport

DINING GUIDE

2009-2010

